

**Form 45 - Current Supplements****Data File:** f45_ct_pub**File Date:** 06/13/2007**Structure:** Multiple rows per participant**Population:** CT participants

Participant ID**Variable #** 1**Usage Notes:** none**Sas Name:** ID**Categories:** Study: Administration**Sas Label:** Participant ID**Type:** Continuous

F45 Days since randomization/enrollment**Variable #** 2**Usage Notes:** none**Sas Name:** F45DAYS**Categories:** Study: Administration**Sas Label:** F45 Days since randomization/enrollment**Type:** Continuous

F45 Visit type**Variable #** 3**Usage Notes:** none**Sas Name:** F45VTYP**Categories:** Study: Administration**Sas Label:** Visit type**Type:** Categorical**Values**

1	Screening Visit
2	Semi-Annual Visit
3	Annual Visit
4	Non-Routine Visit

F45 Visit year

Visit year for which this form was collected.

Variable # 4**Usage Notes:** none**Sas Name:** F45VY**Categories:** Study: Administration**Sas Label:** Visit year**Type:** Continuous

F45 Closest to visit within visit type and year

For forms entered with the same visit type and year, indicates the one closest to that visit's target date. Valid for forms entered with an annual or semi-annual visit type.

Variable # 5**Usage Notes:** See data preparation document.**Sas Name:** F45VCLO**Categories:** Study: Administration**Sas Label:** Closest to visit within visit type and year**Type:** Categorical**Values**

0	No
1	Yes

**Form 45 - Current Supplements****Data File:** f45_ct_pub**File Date:** 06/13/2007**Structure:** Multiple rows per participant**Population:** CT participants

F45 Expected for visit

This form/data was expected for this visit. Form 45 (Current Supplements) was expected at Baseline for all CT and OS, for all CT at years 1, 3, 6, and 9, and for all OS at year 3.

Variable # 6**Usage Notes:** none**Sas Name:** F45EXPC**Sas Label:** Expected for visit**Categories:** Study: Administration**Type:** Categorical**Values**

0	No
---	----

1	Yes
---	-----

Supplemental vitamin A, mcg RE

Average daily supplemental vitamin A, mcg RE

Variable # 7**Usage Notes:** none**Sas Name:** F45VITA**Sas Label:** Supplemental Vitamin A, mcg RE**Categories:** Computed Variables
Supplements**Type:** Continuous

Supplemental alpha-tocopherol, IU

Average daily supplemental alpha-tocopherol, IU

Variable # 8**Usage Notes:** none**Sas Name:** F45VITE**Sas Label:** Supplemental Alpha-tocopherol, IU**Categories:** Computed Variables
Supplements**Type:** Continuous

Supplemental vitamin B1 (Thiamine), mg

Average daily supplemental vitamin B1 (Thiamine), mg

Variable # 9**Usage Notes:** none**Sas Name:** F45VITB1**Sas Label:** Supplemental Vitamin B1 (Thiamine), mg**Categories:** Computed Variables
Supplements**Type:** Continuous

Supplemental vitamin B12, mcg

Average daily supplemental vitamin B12, mcg

Variable # 10**Usage Notes:** none**Sas Name:** F45VTB12**Sas Label:** Supplemental Vitamin B12, mcg**Categories:** Computed Variables
Supplements**Type:** Continuous



WHI Baseline and Follow-Up Data
Form 45 - Current Supplements

Data File: f45_ct_pub **File Date:** 06/13/2007 **Structure:** Multiple rows per participant **Population:** CT participants

Supplemental vitamin B2 (Riboflavin), mg

Average daily supplemental vitamin B2 (Riboflavin), mg

Variable # 11	Usage Notes: none
Sas Name: F45VITB2	
Sas Label: Supplemental Vitamin B2 (Riboflavin), mg	Categories: Computed Variables Supplements
Type: Continuous	

Supplemental vitamin B6, mg

Average daily supplemental vitamin B6, mg

Variable # 12	Usage Notes: none
Sas Name: F45VITB6	
Sas Label: Supplemental Vitamin B6, mg	Categories: Computed Variables Supplements
Type: Continuous	

Supplemental beta-carotene, mcg

Average daily supplemental beta-carotene, mcg

Variable # 13	Usage Notes: none
Sas Name: F45BETA	
Sas Label: Supplemental Beta-carotene, mcg	Categories: Computed Variables Supplements
Type: Continuous	

Supplemental biotin, mcg

Average daily supplemental biotin, mcg

Variable # 14	Usage Notes: none
Sas Name: F45BIOT	
Sas Label: Supplemental Biotin, mcg	Categories: Computed Variables Supplements
Type: Continuous	

Supplemental vitamin C, mg

Average daily supplemental vitamin C, mg

Variable # 15	Usage Notes: none
Sas Name: F45VITC	
Sas Label: Supplemental Vitamin C, mg	Categories: Computed Variables Supplements
Type: Continuous	

Supplemental calcium, mg

Average daily supplemental calcium, mg

Variable # 16	Usage Notes: none
Sas Name: F45CALC	
Sas Label: Supplemental Calcium, mg	Categories: Computed Variables Supplements
Type: Continuous	



WHI Baseline and Follow-Up Data
Form 45 - Current Supplements

Data File: f45_ct_pub **File Date:** 06/13/2007 **Structure:** Multiple rows per participant **Population:** CT participants

Supplemental chromium, mcg

Average daily supplemental chromium, mcg

Variable # 17	Usage Notes: none
Sas Name: F45CHROM	
Sas Label: Supplemental Chromium, mcg	Categories: Computed Variables Supplements
Type: Continuous	

Supplemental copper, mg

Average daily supplemental copper, mg

Variable # 18	Usage Notes: none
Sas Name: F45COPP	
Sas Label: Supplemental Copper, mg	Categories: Computed Variables Supplements
Type: Continuous	

Supplemental vitamin D, mcg

Average daily supplemental vitamin D, mcg

Variable # 19	Usage Notes: none
Sas Name: F45VITD	
Sas Label: Supplemental Vitamin D, mcg	Categories: Computed Variables Supplements
Type: Continuous	

Supplemental folic acid, mcg

Average daily supplemental folic acid, mcg

Variable # 20	Usage Notes: none
Sas Name: F45FOLIC	
Sas Label: Supplemental Folic Acid, mcg	Categories: Computed Variables Supplements
Type: Continuous	

Supplemental iron, mg

Average daily supplemental iron, mg

Variable # 21	Usage Notes: none
Sas Name: F45IRON	
Sas Label: Supplemental Iron, mg	Categories: Computed Variables Supplements
Type: Continuous	

Supplemental magnesium, mg

Average daily supplemental magnesium, mg

Variable # 22	Usage Notes: none
Sas Name: F45MAGN	
Sas Label: Supplemental Magnesium, mg	Categories: Computed Variables Supplements
Type: Continuous	



WHI Baseline and Follow-Up Data
Form 45 - Current Supplements

Data File: f45_ct_pub **File Date:** 06/13/2007 **Structure:** Multiple rows per participant **Population:** CT participants

Supplemental manganese, mg

Average daily supplemental manganese, mg

Variable #	23	Usage Notes:	none
Sas Name:	F45MANG	Categories:	Computed Variables Supplements
Sas Label:	Supplemental Manganese, mg		
Type:	Continuous		

Supplemental molybdenum, mcg

Average daily supplemental molybdenum, mcg

Variable #	24	Usage Notes:	none
Sas Name:	F45MOLYB	Categories:	Computed Variables Supplements
Sas Label:	Supplemental Molybdenum, mcg		
Type:	Continuous		

Supplemental niacin, mg

Average daily supplemental niacin, mg

Variable #	25	Usage Notes:	none
Sas Name:	F45NIAC	Categories:	Computed Variables Supplements
Sas Label:	Supplemental Niacin, mg		
Type:	Continuous		

Supplemental pantothenic acid, mg

Average daily supplemental pantothenic acid, mg

Variable #	26	Usage Notes:	none
Sas Name:	F45PANTO	Categories:	Computed Variables Supplements
Sas Label:	Supplemental Pantothenic Acid, mg		
Type:	Continuous		

Supplemental phosphorus, mg

Average daily supplemental phosphorus, mg

Variable #	27	Usage Notes:	none
Sas Name:	F45PHOS	Categories:	Computed Variables Supplements
Sas Label:	Supplemental Phosphorus, mg		
Type:	Continuous		

Supplemental potassium, mg

Average daily supplemental potassium, mg

Variable #	28	Usage Notes:	none
Sas Name:	F45POTAS	Categories:	Computed Variables Supplements
Sas Label:	Supplemental Potassium, mg		
Type:	Continuous		



WHI Baseline and Follow-Up Data
Form 45 - Current Supplements

Data File: f45_ct_pub **File Date:** 06/13/2007 **Structure:** Multiple rows per participant **Population:** CT participants

Supplemental retinol, mcg

Average daily supplemental retinol, mcg

Variable #	29	Usage Notes:	none
Sas Name:	F45RETIN	Categories:	Computed Variables Supplements
Sas Label:	Supplemental Retinol, mcg		
Type:	Continuous		

Supplemental selenium, mcg

Average daily supplemental selenium, mcg

Variable #	30	Usage Notes:	none
Sas Name:	F45SELEN	Categories:	Computed Variables Supplements
Sas Label:	Supplemental Selenium, mcg		
Type:	Continuous		

Supplemental zinc, mg

Average daily supplemental zinc, mg

Variable #	31	Usage Notes:	none
Sas Name:	F45ZINC	Categories:	Computed Variables Supplements
Sas Label:	Supplemental Zinc, mg		
Type:	Continuous		

F45 Taking multivitamin without minerals

Variable #	32	Usage Notes:	none
Sas Name:	F45MULTI	Categories:	Computed Variables Supplements
Sas Label:	Multivitamin without Minerals		
Type:	Categorical		

Values

0	No
1	Yes

F45 Taking multivitamin with minerals

Variable #	33	Usage Notes:	none
Sas Name:	F45MVMIN	Categories:	Computed Variables Supplements
Sas Label:	Multivitamin with Minerals		
Type:	Categorical		

Values

0	No
1	Yes



Form 45 - Current Supplements

Data File: f45_ct_pub File Date: 06/13/2007 Structure: Multiple rows per participant Population: CT participants

F45 Taking stress formula pills

Variable #	34	Usage Notes:	none
Sas Name:	F45STRES	Categories:	Computed Variables Supplements
Sas Label:	Stress Formula Pills		
Type:	Categorical		
Values			
0	No		
1	Yes		

F45 Taking other combination pill

Variable #	35	Usage Notes:	none
Sas Name:	F45OTHCM	Categories:	Computed Variables Supplements
Sas Label:	Other Comb Pill (not multivit/stress)		
Type:	Categorical		
Values			
0	No		
1	Yes		

F45 Taking any combination pills

Variable #	36	Usage Notes:	none
Sas Name:	F45COMBP	Categories:	Computed Variables Supplements
Sas Label:	Any Combination Pill		
Type:	Categorical		
Values			
0	No		
1	Yes		

F45 Taking vitamin A from single supplement

Variable #	37	Usage Notes:	none
Sas Name:	TKVITA	Categories:	Computed Variables Supplements
Sas Label:	F45 Taking vitamin A from single sup		
Type:	Categorical		
Values			
0	No		
1	Yes		

F45 Taking alpha-tocopherol from single supplement

Variable #	38	Usage Notes:	none
Sas Name:	TKVITE	Categories:	Computed Variables Supplements
Sas Label:	F45 Taking alpha-toco from single sup		
Type:	Categorical		
Values			
0	No		
1	Yes		



Form 45 - Current Supplements

Data File: f45_ct_pub File Date: 06/13/2007 Structure: Multiple rows per participant Population: CT participants

F45 Taking vitamin B1 from single supplement

Variable # 39

Sas Name: TKVITB1

Sas Label: F45 Taking vitamin B1 from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking vitamin B12 from single supplement

Variable # 40

Sas Name: TKVITB12

Sas Label: F45 Taking vitamin B12 from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking vitamin B2 from single supplement

Variable # 41

Sas Name: TKVITB2

Sas Label: F45 Taking vitamin B2 from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking vitamin B6 from single supplement

Variable # 42

Sas Name: TKVITB6

Sas Label: F45 Taking vitamin B6 from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking beta-carotene from single supplement

Variable # 43

Sas Name: TKBETA

Sas Label: F45 Taking beta-carotene from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes



WHI Baseline and Follow-Up Data
Form 45 - Current Supplements

Data File: f45_ct_pub **File Date:** 06/13/2007 **Structure:** Multiple rows per participant **Population:** CT participants

F45 Taking biotin from single supplement

Variable # 44

Sas Name: TKBIOT

Sas Label: F45 Taking biotin from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking vitamin C from single supplement

Variable # 45

Sas Name: TKVITC

Sas Label: F45 Taking vitamin C from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking calcium from single supplement

Variable # 46

Sas Name: TKCALC

Sas Label: F45 Taking calcium from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking chromium from single supplement

Variable # 47

Sas Name: TKCHROM

Sas Label: F45 Taking chromium from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking copper from single supplement

Variable # 48

Sas Name: TKCOPP

Sas Label: F45 Taking copper from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes



Form 45 - Current Supplements

Data File: f45_ct_pub File Date: 06/13/2007 Structure: Multiple rows per participant Population: CT participants

F45 Taking vitamin D from single supplement

Variable # 49

Sas Name: TKVITD

Sas Label: F45 Taking vitamin D from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking folic acid from single supplement

Variable # 50

Sas Name: TKFOLIC

Sas Label: F45 Taking folic acid from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking iron from single supplement

Variable # 51

Sas Name: TKIRON

Sas Label: F45 Taking iron from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking magnesium from single supplement

Variable # 52

Sas Name: TKMAGN

Sas Label: F45 Taking magnesium from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking manganese from single supplement

Variable # 53

Sas Name: TKMANG

Sas Label: F45 Taking manganese from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes



Form 45 - Current Supplements

Data File: f45_ct_pub File Date: 06/13/2007 Structure: Multiple rows per participant Population: CT participants

F45 Taking molybdenum from single supplement

Variable # 54

Sas Name: TKMOLYB

Sas Label: F45 Taking molybdenum from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking niacin from single supplement

Variable # 55

Sas Name: TKNIAC

Sas Label: F45 Taking niacin from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking pantothenic acid from single supplement

Variable # 56

Sas Name: TKPANTO

Sas Label: F45 Taking pantoth. acid from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking phosphorus from single supplement

Variable # 57

Sas Name: TKPHOS

Sas Label: F45 Taking phosphorus from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes

F45 Taking potassium from single supplement

Variable # 58

Sas Name: TKPOTAS

Sas Label: F45 Taking potassium from single sup

Type: Categorical

Usage Notes: none

Categories: Computed Variables
Supplements

Values

0	No
1	Yes



WHI Baseline and Follow-Up Data
Form 45 - Current Supplements

Data File: f45_ct_pub **File Date:** 06/13/2007 **Structure:** Multiple rows per participant **Population:** CT participants

F45 Taking retinol from single supplement

Variable #	59	Usage Notes:	none
Sas Name:	TKRETIN	Categories:	Computed Variables Supplements
Sas Label:	F45 Taking retinol from single sup		
Type:	Categorical		
Values			
0	No		
1	Yes		

F45 Taking selenium from single supplement

Variable #	60	Usage Notes:	none
Sas Name:	TKSELEN	Categories:	Computed Variables Supplements
Sas Label:	F45 Taking selenium from single sup		
Type:	Categorical		
Values			
0	No		
1	Yes		

F45 Taking zinc from single supplement

Variable #	61	Usage Notes:	none
Sas Name:	TKZINC	Categories:	Computed Variables Supplements
Sas Label:	F45 Taking zinc from single sup		
Type:	Categorical		
Values			
0	No		
1	Yes		